

Medicaid and Behavioral Health System Updates

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Topics

- ▶ Legislative Updates
- ▶ Current Medicaid and HHS Initiatives
 - Waiver Redesign
 - Behavioral Health System Changes
- ▶ Questions

2024 Legislative Updates

- ▶ \$14.6 Million for HCBS (state share)
- ▶ Case Management
 - Lowering Case Manager : Individual ratios
- ▶ \$3 Million for Home Health increases
- ▶ \$2.1 Million for Mental Health providers
- ▶ \$1.7 Million to buy down ID Waiver slots
 - Approx 60 to 70 slots
- ▶ \$1.4 Million for Supported Community Living for Children

2024 Legislative Updates

- ▶ Increases for PT and OT
- ▶ PMIC Reimbursement Structure
- ▶ Rate increases for Community Mental Health Centers
- ▶ Rate increases for Air-Medical Transports
- ▶ Increases for DME supplies and providers
- ▶ Increases for Certified Nurse Midwives
- ▶ Extended post-partum coverage



Hope and Opportunity in Many Environments (HOME)

- Iowa HHS rebranded its name for the Community-Based Services Redesign.
 - The new name is Hope and Opportunity in Many Environments, or HOME.
- The new name better reflects the hope that comes with having the ability to choose where to live and what services you receive from Medicaid.

Guiding Principles



Equitable
Access



High Quality
Services



Coordinated
Across
Systems



Proven
Valuable



Effective and
Accountable

Waiver Redesign Specifics

1

Changing from 7 disability-specific waivers to 2 age-based waivers with wider eligibility.

2

Offering more comprehensive service packages with formal and informal supports that meet the needs of lowans throughout their lives

3

Developing “tiered” budgets that allocate resources for eligible people based on their needs.

Proposed New Waiver Structure



ELIGIBILITY & ENROLLMENT | To be eligible, individuals must meet two criteria: (1) they need the level of care that would be provided in an institution, and (2) their disability fits into one of the categories below.

CURRENT HCBS WAIVERS (2023)

WAIVER	GROUPS SERVED	AGES SERVED
Elderly	Aging	65+
Intellectual Disability	Intellectual Disability	0+
Brain Injury	Brain Injury	0+
AIDS/HIV	AIDS/HIV	0+
Health & Disability	Physical disability; blind or disabled	0-64
Physical Disability	Physical disability; blind or disabled	18-64
Children's Mental Health	Serious emotional disturbance (SED)	0-17



PROPOSED WAIVER REDESIGN (2025/2026)

WAIVER	GROUPS SERVED	AGES SERVED
Children & Youth	<ul style="list-style-type: none"> Intellectual disability Brain injury AIDS/HIV Physical disability, including blindness SED Developmental Disabilities NEW 	0-20
	<ul style="list-style-type: none"> Intellectual disability Brain injury AIDS/HIV Physical disability, including blindness Aging Developmental Disabilities NEW 	21+
Adult & Aging	<ul style="list-style-type: none"> Intellectual disability Brain injury AIDS/HIV Physical disability, including blindness Aging Developmental Disabilities NEW 	21+

Proposed Children's Waiver Services

Daily Activities and Care

- Home-Delivered Meals
- Medical Day Care for Children
- Respite*
- Supported Community Living
- Transportation*

Help with Health Needs

- Positive Behavioral Support and Consultation*
- Family and Community Support Service
- Interim Medical Monitoring and Treatment
- In-Home Family Therapy

Equipment and Modifications

- Assistive Devices*
- Enabling Technology for Remote Support
- Home and Vehicle Modifications
- Personal Emergency Response Services

Day Services

- Day Habilitation
- Prevocational Services
- Supported Employment

Residential Services and Supports

- Residential-Based Supported Community Living

Self-Direction Supports

- Financial Management Service
- Independent Support Broker
- Individual Directed Goods and Services

Other Services

- **Community Transition Services**
- **Crisis Planning and Support**
- **Peer Mentoring**

Proposed Adult Waiver Services

Daily Activities and Care

- Attendant Care*
- Companion
- Home-Delivered Meals
- Home Health Aide
- Home Maintenance Support*
- Respite*
- Skilled Attendant Care*
- Supported Community Living
- Transportation*

Help with Health Needs

- Positive Behavioral Support and Consultation*
- Family Training*
- Interim Medical Monitoring and Treatment
- Nursing Care Services
- Nutritional Counseling

Equipment and Modifications

- Assistive Devices*
- Enabling Technology for Remote Support
- Home and Vehicle Modifications
- Personal Emergency Response Services
- Specialized Medical Equipment

Day Services

- Adult Day Health
- Day Habilitation
- Prevocational Services
- Supported Employment

Residential Services and Supports

- Assisted Living

Self-Direction Supports

- Financial Management Service
- Independent Support Broker
- Individual Directed Goods and Services

Other Services

- **Community Transition Services**
- **Crisis Planning and Support**
- **Peer Mentoring**

HOMEwork in 2024

Identified a tool used to screen and prioritize waitlist members

Conducted focus groups on the functional assessment process

Completed more than 3,000 Needs on Waitlist surveys to collect information from people on the waitlist about their needs

Developed plan to assess provider capacity

Worked with MCOs on case manager ratios

How to Get Involved in HOME

- ▶ Needs on Waitlist Survey
- ▶ Join Member Town Halls twice monthly
- ▶ Provide feedback through online surveys on specific services and support.
- ▶ Share additional suggestions through online public comments to improve the CBS system.



hhs.iowa.gov/home-0

Next Steps



Streamline
screening and
enrollment



Improve access
to services and
supports for
lowans



Align services to
needs, goals
and preferences



Monitor quality
of services

Targeting July 1, 2025 for full waiver redesign Implementation

Behavioral Health System Alignment – Why?

Current State

- ▶ Iowans don't know how to access services
- ▶ Health outcomes are not satisfactory
- ▶ System-wide duplication

Future State

- ▶ Iowans have consistent access to health and human services
- ▶ Use funding more effectively to achieve outcomes
- ▶ Consolidate and streamline contracting and administration

BH System Assessment

- HHS worked with Health Management Associates (HMA) to conduct an assessment.
- HMA's recommendation report includes:
 - An overview of the service delivery areas
 - Proposed funding models for the local HHS systems
 - Identification of Iowa Code and Iowa Administrative Rules impacted by the recommendations.



The Case for Behavioral Health System Alignment

Significant Need

- Nationally, 38.3% of adults aged 18 or older with any mental illness reported unmet need for mental health treatment due to not knowing where to go for services (2021).
- Nationally, 17.9% of individuals 12 or older reported unmet need for substance use treatment due to not knowing where to go for services (2021).
- 13.5% of Iowans reported experiencing frequent mental distress in 2022.

Incentive Fund

- Currently, the incentive fund includes \$23,955,429 in unspent dollars by the Mental Health and Disability Services (MHDS) regions.
- Areas in need of support include statewide efforts such as 988, Your Life Iowa and the development of Certified Community Behavioral Health Clinics (CCBHCs).

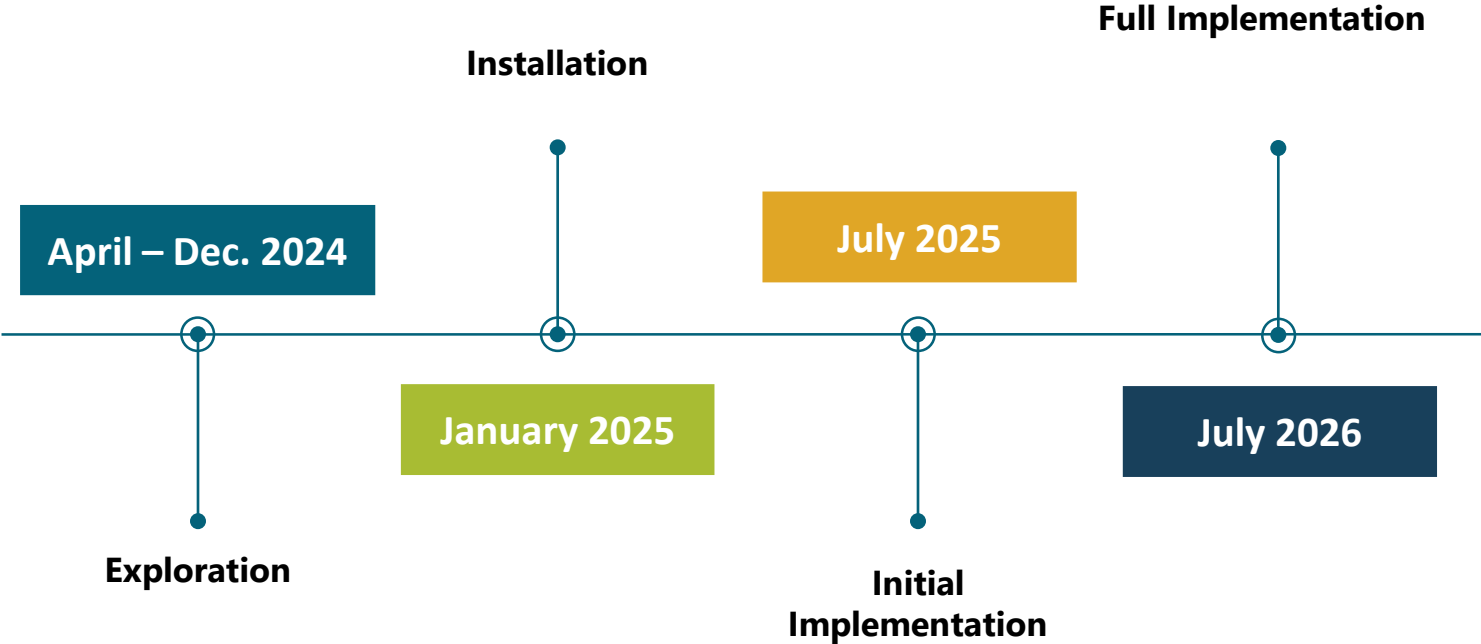
Ongoing Litigation

- Both the Children's Mental Health lawsuit and the DOJ consent decree target areas of inconsistent support by MHDS regions: crisis services for children and services for individuals with disabilities.

System-wide Redundancies Exist

- Certified Community Behavioral Health Clinics (CCBHCs) will transform the provider network in Iowa. Review of existing structures in the behavioral health safety net and continued system alignment will be critical.

BH Alignment Timeline



Questions

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Health and
Human Services